

SURVEY ON SUBSTANCE USE

C-SURF

(Cohort Study on Substance Use Risk Factors)

Thank you very much for taking part in this second survey!

You will receive a **CHF 30.- voucher** (Media Markt, Manor, or FNAC) for filling in this questionnaire - it takes **about 45 minutes**. *If you had filled in the first questionnaire about 15 months ago, you will receive a **second CHF 30.- voucher for your faithfulness**. Which sums up to CHF 60.-.*

For this study to be successful, it is most important that you answer to all questions or as many as possible. Should you hesitate between several answers, chose the answer that is the closest to your situation. There **is no right or wrong answer**. Please always answer with the suggested options only. Where the answer is a tick in one of the boxes, and if you wish to untick a box you have ticked, please fill this box with ink and tick the right box .

Your answers will be **highly confidentially** dealt with. Your answers will never be directly connected with your personal contact details, nor will they be handed over to the army or anybody. Your answers to this questionnaire are strictly kept separate from your personal contact details.

A project by



**Universität
Zürich** UZH

and



**Centre hospitalier
universitaire vaudois**

A. SOCIODEMOGRAPHIC BACKGROUND

A1. Do you have a paid job (even if it is only one hour a week, no matter whether you work as an employee, as freelance or as a trainee)?

- Yes
- No => go to question A5, next page

A2. Are you....?

- an employee (full or part time)
- freelance
- in training
- an occasional employee

A3. How many hours a week do work?

<div style="border-bottom: 1px solid black; width: 80%; display: inline-block;"></div> hours / week

A4. The following statements are about how you perceive your professional activity. Please indicate to what extent you agree or disagree with each one of the following statements.

	I strongly disagree	I disagree	I neither disagree nor agree	I agree	I agree strongly
I receive recognition for a job well done	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel close to the people at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel secure about my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My wages are good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
All my talents and skills are used	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel good about working at this company	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A5. What is your current professional status?

More than one answer is possible

- | | |
|---|---|
| <input type="checkbox"/> Basic vocational education | <input type="checkbox"/> University |
| <input type="checkbox"/> Secondary vocational/technical education | <input type="checkbox"/> Paid professional activity |
| <input type="checkbox"/> Community colleges | <input type="checkbox"/> Jobless |
| <input type="checkbox"/> Vocational High School | <input type="checkbox"/> Looking for a job |
| <input type="checkbox"/> High School | <input type="checkbox"/> Disability Insurance |
| <input type="checkbox"/> Associate degree or certificate | <input type="checkbox"/> Social Security |
| <input type="checkbox"/> Vocational/technical certificate | <input type="checkbox"/> Military Service |
| <input type="checkbox"/> College | <input type="checkbox"/> Civil service |
| <input type="checkbox"/> Technical University | <input type="checkbox"/> Other : _____ |

A6. What is your highest achieved level of education?

- | | |
|---|---|
| <input type="checkbox"/> Secondary education | <input type="checkbox"/> Vocational High School |
| <input type="checkbox"/> Basic vocational education | <input type="checkbox"/> High School |
| <input type="checkbox"/> Secondary vocational/technical education | <input type="checkbox"/> Bachelor (University) |
| <input type="checkbox"/> Community colleges | <input type="checkbox"/> Other: _____ |

A7. What is your date of birth?

____ . ____ . ____ (dd . mm . yyyy)

A8. What is your postal code?

I do not live in Switzerland

A9. What is your current accommodation?

- By myself in a flat, studio or house
- At my mother's and father's
- Only at one of my parents'
- At my stepfamily's (at one of my parents' and with his/her new partner)
- With my girlfriend/boyfriend (married or not)
- Flat sharing with friends, acquaintances or flat mates
- In a student house, boarding school
- In a social institution (orphanage, etc.)
- Homeless

A10. Which situation is closest to yours?

- I cover my own life expenses by myself
- I cover part of my life expenses by myself and benefit from external financial support (parents, grant, social aid, etc.)
- My parents and other sources (grant, social aid) cover my life expenses entirely

A11. What is your civil status?

- Single
- Living together with my partner (whether married, separated, divorced or in registered partnership)
- Divorced
- Married
- Married but separated
- Widow

A12. Do you have children?

- No
- Yes => How many? _____

A13. Are you expecting a child (is your wife/partner pregnant)?

- No
- Yes

A14. To what extent do you agree with the following statements?

	I strongly disagree	I disagree	I slightly disagree	I neither disagree nor agree	I slightly agree	I agree	I agree strongly
In most ways my life is close to my ideal	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
The conditions of my life are excellent	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
I am satisfied with life	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
So far I have gotten the important things I want in life	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
If I could live my life over, I would change almost nothing	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

A15. At the recruitment at the army, were you considered able to the military service?

- No => *go on with question B1, next page*
- Yes

A16. To what service were you assigned?

- Civil service => *go on with question B1, next page*
- Military service

A17. You have.....

- ... not yet started your military service?
- ... started your military service?
- ... finished your military service?
- ... prematurely interrupted your military service?

B. HEALTH

The following questions are about your health in general.

B.1. How tall are you in centimeters (e.g.: 172 cm = 1 meter 72)?

_____ centimeters

B.2. How much do you weigh?

_____ kilos

B.3. In general, would you say your health is

Excellent	Very good	Good	Fair	Poor
<input type="checkbox"/>				

B.4. The following two questions are about activities you might do during a typical day. Does YOUR HEALTH NOW LIMIT YOU in these activities? If so, how much?

Tick one box in each row

	YES, limited a lot	YES, limited a little	NO, not limited at all
MODERATE ACTIVITIES, such as moving a table, using a vacuum cleaner, bowling, or playing golf	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing SEVERAL flights of stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B.5. During the PAST 4 WEEKS have you had any of the following problems with your work or other regular activities AS A RESULT OF YOUR PHYSICAL HEALTH?

Tick one box in each row

	Always	Most of the time	Sometimes	Seldom	Never
You ACCOMPLISHED LESS than you would have liked	<input type="checkbox"/>				
You were limited in the KIND of work you do or other activities	<input type="checkbox"/>				

B.6. During the PAST 4 WEEKS, were you limited in the kind of work you do or other regular activities AS A RESULT OF ANY EMOTIONAL PROBLEMS (such as feeling depressed or anxious)?

	Always	Most of the time	Sometimes	Seldom	Never
Tick one box in each row					
You ACCOMPLISHED LESS than you would have liked	<input type="checkbox"/>				
You didn't do work or other activities as CAREFULLY as usual	<input type="checkbox"/>				

B.7. During the PAST 4 WEEKS, how much did PAIN interfere with your normal work (including both work outside the home and housework)?

Not at all	A little bit	Moderately	Quite a lot	Extremely
<input type="checkbox"/>				

B.8. The next three questions are about how you feel and how things have been DURING THE PAST 4 WEEKS. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the PAST 4 WEEKS –

Tick one box in each row

	Always	Most of the time	Sometimes	Seldom	Never
Have you felt calm and peaceful?	<input type="checkbox"/>				
Did you have a lot of energy?	<input type="checkbox"/>				
Have you felt downhearted and blue?	<input type="checkbox"/>				

B.9. During the PAST 4 WEEKS, how much of the time has your PHYSICAL HEALTH OR EMOTIONAL PROBLEMS interfered with your social activities (like visiting friends, relatives, etc.)?

Always	Most of the time	Sometimes	Seldom	Never
<input type="checkbox"/>				

B.10. How often during the LAST 12 MONTHS have you experienced the following?

Tick one box in each row

	Never	1-2 times	3-5 times	6-9 times	10 times or more often
Physical fight	<input type="checkbox"/>				
Accident or injury	<input type="checkbox"/>				
Serious problems with your parents	<input type="checkbox"/>				
Serious problems with your friends	<input type="checkbox"/>				
Performed poorly at school or work, got behind with work	<input type="checkbox"/>				
Victimized by robbery or theft	<input type="checkbox"/>				
Trouble with police	<input type="checkbox"/>				
Hospitalized or admitted to an emergency room	<input type="checkbox"/>				
Engaged in sexual intercourse you regretted the next day	<input type="checkbox"/>				
Engaged in sexual intercourse without a condom	<input type="checkbox"/>				
Damaged public or private property on purpose	<input type="checkbox"/>				
Attempted suicide	<input type="checkbox"/>				
Required medical treatment	<input type="checkbox"/>				
Having to spend a night in the hospital	<input type="checkbox"/>				
Having surgery when you did not have to stay in a hospital overnight (that is, outpatient surgery)	<input type="checkbox"/>				
Having been examined or treated in the emergency room because of an accident or injury	<input type="checkbox"/>				
Having been in an emergency department, ambulatory care or special clinic because of problems with substance use	<input type="checkbox"/>				

B.11. The following questions ask about how you have been feeling over the last two weeks.

How often...

Tick one box in each row	All the time	Most of the time	Slightly more than half the time	Slightly less than half the time	Some of the time	At no time
...have you felt low in spirits or sad?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you lost interest in your daily activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you felt lacking in energy and strength?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you felt less self-confident?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you had a bad conscience or feelings of guilt?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you felt that life wasn't worth living?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you had difficulty in concentrating, e.g. when reading the newspaper or watching television?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you felt very restless?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you felt subdued or slowed down?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you had trouble sleeping at night?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you suffered from reduced appetite?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...have you suffered from increased appetite?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B.12. Many people have lived through or witnessed a very stressful and traumatic event at some point in their lives. Below is a list of traumatic events.

Put a checkmark in the box “Yes” next to ALL the events that have happened to you or that you have witnessed (i.e. not only heard of in TV or newspapers). Otherwise put a checkmark in the box “No, never”.

	YES, in the past 12 months	YES, more than 12 months ago	NO, never
1. Serious accident, fire or explosion (for example, an industrial farm, car, plane or boating accident).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Been in any other situation in which you were seriously injured, or someone else was seriously injured or even killed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Any other situation in which you feared you or someone else might be killed or seriously injured.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Natural disaster (tornado, hurricane, flood, major earthquake, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Any other disaster such as a building collapse, bank robbery, etc., where you felt you or your loved ones were in danger of death or injury.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Non-sexual assault by a family member or someone you know (being mugged, physically attacked, shot, stabbed, or held at gunpoint, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Non-sexual assault by a stranger (being mugged, physically attacked, shot, stabbed, or held at gunpoint, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Anyone tried to or succeeded in breaking into your home while you were there.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Sexual assault by a family member or someone you know (rape or attempted rape, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Sexual assault by a stranger (rape or attempted rape, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Military combat or war zone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Sexual contact when you were younger than 18 with someone who was 5 or more years older than you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

... continued...

	YES, in the past 12 months	YES, more than 12 months ago	NO, never
13. Imprisonment (prison inmate, prisoner of war, hostage).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Torture.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Life-threatening illness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Exposed to dangerous chemicals or radioactivity that might threaten your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you seriously injured, physically harmed or even caused death to someone else?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Serious injury, life-threatening illness or unexpected death of someone close to you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Seen a seriously injured person or dead body (other than at a funeral).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Other traumatic event. Please describe it:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B.13. If you check marked “yes” for more than one traumatic event in the above answers, indicate the number of the event that bothers you most:

Event number: _____

If you replied „YES“ to only one event above, then this very event is considered the most traumatic by default.

⇒ *If you have NOT lived or witnessed ANY traumatic event, then go to question C1, page 14.*

The following questions are about this most traumatic event:

B.14. How long ago did the traumatic event happen?

Check only one box

- Less than one month ago
- 1 to 3 months
- 3 to 6 months

B.15. During this traumatic event...

	Yes	No
...were you physically injured?	<input type="checkbox"/>	<input type="checkbox"/>
... was someone else physically injured?	<input type="checkbox"/>	<input type="checkbox"/>
... do you think that your life was in danger?	<input type="checkbox"/>	<input type="checkbox"/>
...did you think that someone else's life was in danger?	<input type="checkbox"/>	<input type="checkbox"/>
...did you think that the life of someone close to you was in danger?	<input type="checkbox"/>	<input type="checkbox"/>
...did you feel helpless?	<input type="checkbox"/>	<input type="checkbox"/>
...did you feel terrified?	<input type="checkbox"/>	<input type="checkbox"/>

C. SOCIAL CONTEXT

C1. We are interested in how you feel about your neighborhood. “Neighborhood” refers to the place where you live and its surroundings.

Each row below refers to two opposite situations, one on the left, the other on the right. Please choose in each row the situation which is closest to your perception and tick ONE BOX ONLY in each row. If you cannot choose between the two opposite situations, tick the box “neutral”.

	I agree very strongly	I strongly agree	I Middly agree	Neutral	I Middly disagree	I strongly disagree	I disagree very strongly	
In my neighborhood, most people are NOT trustworthy	<input type="checkbox"/>	In my neighborhood, most people are trustworthy						
In my neighborhood, people fear to walk alone outdoors after nightfall	<input type="checkbox"/>	In my neighborhood, people feel secure about walking alone outdoors after nightfall						
In my neighborhood, people take advantage of me	<input type="checkbox"/>	In my neighborhood, people treat me with respect						
If I were in trouble nobody in my neighborhood would come to help me	<input type="checkbox"/>	If I were in trouble, many people in my neighborhood would offer help						
If a house were being broken into , people in my neighborhood would close their eyes	<input type="checkbox"/>	If a house were being broken into , people in my neighborhood would do something						
In my neighborhood, people do not react when they see children vandalizes	<input type="checkbox"/>	In my neighborhood, people do something when they see children vandalize						
I feel I do not belong to this neighborhood	<input type="checkbox"/>	I feel I truly belong to this neighborhood						
In my neighborhood most people are unfriendly	<input type="checkbox"/>	In my neighborhood most people are friendly						
In my neighborhood people are not community-focused	<input type="checkbox"/>	In my neighborhood people are strongly community-focused						
In my neighborhood, people care about nothing but their own interests	<input type="checkbox"/>	In my neighborhood, people do care about the community						

	I agree very strongly	I strongly agree	I Middyly agree	Neutral	I Middyly disagree	I strongly disagree	I disagree very strongly	
Some people in my neighborhood should not have the same rights as others (e.g. right to speech)	<input type="checkbox"/>	Everybody in my neighborhood should have the same rights (including the right to speech)						
It is difficult to earn people's respect in my neighborhood	<input type="checkbox"/>	People treat each other with respect in my neighborhood						
In my neighborhood, some people are in the right place , others are not	<input type="checkbox"/>	In my neighborhood, every person is a much in the right place as others						
In my neighborhood people are under the pressure to behave in the same way	<input type="checkbox"/>	In my neighborhood, people are not under any pressure to behave in whatever way						
People in my neighborhood like to poke their nose into each others' business	<input type="checkbox"/>	People in my neighborhood respect each others' privacy						

C2. How do you feel about the following statements?

	Very strongly disagree	Strongly disagree	Midly disagree	Neutral	Midly Agree	Strongly agree	Very strongly agree
My friends really try to help me	<input type="checkbox"/>						
I can count on my friends when things go wrong	<input type="checkbox"/>						
I have friends with whom I can share my joys and sorrows	<input type="checkbox"/>						
I can talk about my problems with my friends	<input type="checkbox"/>						
There is a special person who is around when I am in need.	<input type="checkbox"/>						
There is a special person with whom I can share joys and sorrows.	<input type="checkbox"/>						

...continued...	Very strongly disagree	Strongly disagree	Midly disagree	Neutral	Midly Agree	Strongly agree	Very strongly agree
There is a special person who is a real source of comfort to me	<input type="checkbox"/>						
There is a special person in my life who cares about my feelings	<input type="checkbox"/>						

C3. Think of common situations. To what extent do the following statements correspond to your own habits?

Tick one box in each row.	Never /almost never true	Occasion-nally true	Sometimes true	Often true	Almost always /always true
I try to help others.	<input type="checkbox"/>				
I am empathic with those who are in need.	<input type="checkbox"/>				
I do what I can to help others avoid getting in trouble.	<input type="checkbox"/>				
I intensely feel what others feel.	<input type="checkbox"/>				
I try to console those who are sad.	<input type="checkbox"/>				
I easily put myself in the shoes of those who are in discomfort.	<input type="checkbox"/>				
I try to be close to and take care of those who are in need.	<input type="checkbox"/>				

C4. Think of your close friends: those with whom you hang around most. Has any of them had a serious problem related to his/her use of alcohol, drugs or a psychiatric disorder that needed treating?

Tick one box in each row.	Most of them	Some of them	1 or 2 of them	None of them
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychiatric disorder				

D. ALCOHOL

The next questions are about drinking alcohol. This includes coolers; beer; wine; champagne; liquor such as whiskey, rum, gin, vodka, bourbon, scotch, or liqueurs; and also any other type of alcohol.

D1. How much percentage of men of your age do you think drink more alcohol than you do?

 %

D2. In the PAST 12 MONTHS, how many of your friends have drunk alcohol in order to get drunk (beer, wine, strong alcohol, other) at least ONCE A MONTH?

None of my friends	1 or 2 of my friends	Several friends	Almost all of my friends
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

D3. IN THE PAST 12 MONTHS, have you drunk AT LEAST ONE standard drink with alcohol (not counting when you just had a sip to give it a try)?

- Yes
- No => go to the next section on Tobacco, page 27.

Here is what we call a standard drink. One standard drink corresponds to the drinks illustrated below. 2 standard drinks correspond to 2 glasses of beer or a great bottle of beer (5dl) or a double schnapps.

1 Standard drink

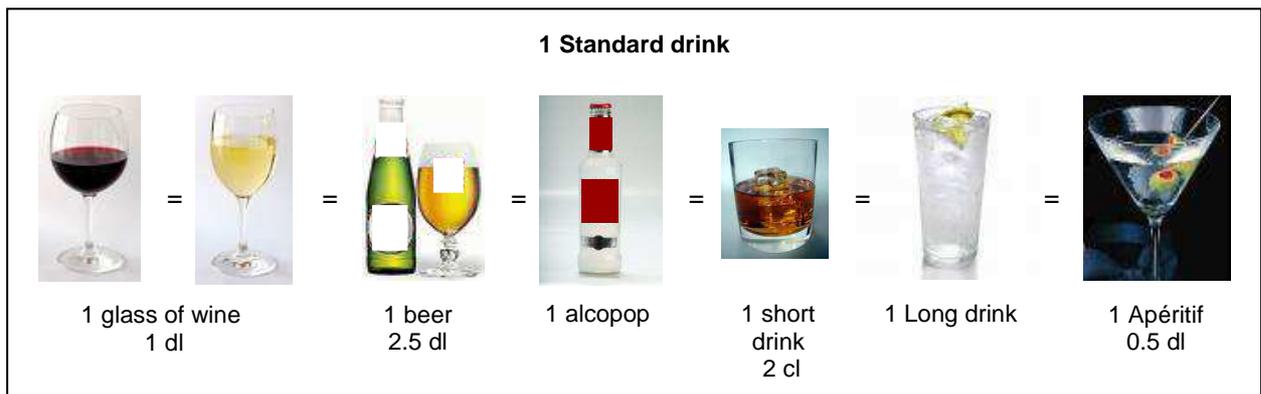
	=		=		=		=		=		=	
1 glass of wine 1 dl				1 beer 2.5 dl		1 alcopop		1 short drink 2 cl		1 Long drink		1 Apéritif 0.5 dl

D4. How many days a week do you usually drink alcohol (see the picture)?

- | | |
|--|---|
| <input type="checkbox"/> 7 days a week | <input type="checkbox"/> 2 days a week |
| <input type="checkbox"/> 6 days a week | <input type="checkbox"/> 1 days a week |
| <input type="checkbox"/> 5 days a week | <input type="checkbox"/> 2 to 3 times a month |
| <input type="checkbox"/> 4 days a week | <input type="checkbox"/> Once a month or less |
| <input type="checkbox"/> 3 days a week | <input type="checkbox"/> Never |

D5. How many standard drinks (see picture) do you drink on average on days when you drink alcohol?

 standard drink(s) on a day when I drink alcohol



In case you had a 5dl beer or a double schnapps, then it makes 2 standard drinks.

D6. About how often do you drink six or more units of alcohol on a single occasion (see picture below)?

- Every or nearly every day
- Every week
- Every month
- Less than once a month
- Never

D7. During the last 12 months, what was the largest number of standard drinks of alcohol that you drank in a single day (see picture below)?

_____ standard drinks

Think of *THE LAST 12 MONTHS*:

D8. How many days at weekends (from Friday to Sunday) do you drink alcohol on average?

<input type="checkbox"/> 3 days in a weekend	<input type="checkbox"/> 2-3 weekend-days a month
<input type="checkbox"/> 2 days in a weekend	<input type="checkbox"/> 1 weekend-day a month
<input type="checkbox"/> 1 days in a weekend	<input type="checkbox"/> Less than 1 weekend-day a month
	<input type="checkbox"/> Never

D9. How many standard drinks (see picture) do you drink on average within a weekend-day when you drink alcohol (from Friday to Sunday)?

<input type="checkbox"/> 12 or more	<input type="checkbox"/> 5 or 6
<input type="checkbox"/> 9 to 11	<input type="checkbox"/> 3 or 4
<input type="checkbox"/> 7 or 8	<input type="checkbox"/> 1 or 2

D10. On how many days in a week (from Monday to Thursday) do you drink alcohol on average?

<input type="checkbox"/> Every 4th weekday	<input type="checkbox"/> 2-3 weekdays a month
<input type="checkbox"/> 3 out of the 4 weekdays	<input type="checkbox"/> 1 weekday a month
<input type="checkbox"/> 2 out of the 4 weekdays	<input type="checkbox"/> Less than 1 weekday a month
<input type="checkbox"/> 1 out of the 4 weekdays	<input type="checkbox"/> Never

D11. How many standard drinks (see picture) do you have on average within a weekday (from Monday to Thursday) when you drink alcohol?

<input type="checkbox"/> 12 or more	<input type="checkbox"/> 5 or 6
<input type="checkbox"/> 9 to 11	<input type="checkbox"/> 3 or 4
<input type="checkbox"/> 7 or 8	<input type="checkbox"/> 1 or 2

D12. How often did you drink alcohol in the following places in the last 12 months?

Tick one box in each row	Never	1 or 2 times	1-2 days a month	3-4 days a month	1-2 days a week	3-4 days a week	5-6 days a week	Daily
At home	<input type="checkbox"/>							
At somebody else's place	<input type="checkbox"/>							
In pubs/inns	<input type="checkbox"/>							
In discos, nightclubs	<input type="checkbox"/>							
In restaurants	<input type="checkbox"/>							
In sports clubs (e.g. football, hockey, gymnastics)	<input type="checkbox"/>							
In other clubs/societies (orchestra, choir, chess club, etc.)	<input type="checkbox"/>							
At the theatre/cinema	<input type="checkbox"/>							
At sports events	<input type="checkbox"/>							
In outdoor public places (e.g., parks, swimming pools, streets)	<input type="checkbox"/>							
At special events (e.g. festivals, street parties, carnival, markets, exhibitions, concerts)	<input type="checkbox"/>							

D13. How often did you drink alcohol in the following places in the last 12 months?

Tick one box in each row	Never	1 or 2 times	1-2 days a month	3-4 days a month	1-2 days a week	3-4 days a week	5-6 days a week	Daily
At home	<input type="checkbox"/>							
At somebody else's place	<input type="checkbox"/>							
In pubs/inns	<input type="checkbox"/>							
In discos, nightclubs	<input type="checkbox"/>							
In restaurants	<input type="checkbox"/>							
In sports clubs (e.g. football, hockey, gymnastics)	<input type="checkbox"/>							
In other clubs/societies (orchestra, choir, chess club, etc.)	<input type="checkbox"/>							
At the theatre/cinema	<input type="checkbox"/>							
At sports events	<input type="checkbox"/>							
In outdoor public places (e.g., parks, swimming pools, streets)	<input type="checkbox"/>							
At special events (e.g. festivals, street parties, carnival, markets, exhibitions, concerts)	<input type="checkbox"/>							

1 Standard drink

	=		=		=		=		=		=	
1 glass of wine 1 dl				1 beer 2.5 dl		1 alcopop		1 short drink 2 cl		1 Long drink		1 Apéritif 0.5 dl

In case you had a 5dl beer or a double schnapps, then it makes 2 standard drinks.

D14. Now think of the past 7 days (including yesterday), even if it was a week out of the ordinary. Please describe the amount of standard drinks with alcohol you had during last week:

Start describing the day of yesterday (e.g. Sunday), then go on with the day before yesterday (e.g. Saturday), all the way back to the last day. On days when you did not drink any alcohol, then simply tick the box „no drink with alcohol“.

	Beer	Wine (red, white, Champagne)	Strong alcohol (Whisky, Vodka, Pastis, etc.)	Aperitifs (Martini, Suze etc.)	Alcopops (Smirnoff Ice, Bacardi Breezer, etc)	Beer pops, Wine pops, Chiller, Cooler (Cardinal Lemon, Eve, Swizly, Chiller, Strongbow, Sputnik)	Homemade Cocktail (e.g. Caipirinha, Vodka orange, Whisky Coca)	No drink with alcohol
	<u>Amount of drinks</u> 2.5 dl	<u>Amount of drinks</u> 1 dl	<u>Amount of drinks</u> 2 cl	<u>Amount of drinks</u> 0.5 dl	<u>Amount of drinks</u> 3 dl	<u>Amount of drinks</u> 3 dl	<u>Amount of drinks</u> 2 cl	Tick the box
Sunday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Saturday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Friday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Thursday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Wednesday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Tuesday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>
Monday	_____	_____	_____	_____	_____	_____	_____	<input type="checkbox"/>

1 Standard drink



1 glass of wine
1 dl



1 beer
2.5 dl



1 alcopop



1 short drink
2 cl



1 Long drink



1 Apéritif
0.5 dl

=

In case you had a 5dl beer or a double schnapps, then it makes 2 standard drinks.

D15. Imagine you find yourself in a situation where you usually drink alcohol (bar, club, party, at your place, etc.). Assume that you have not drunk alcohol before and will not go somewhere else later to drink alcohol.

How many standard drinks with alcohol would you have if....?

Write the number of drinks in each row (see picture below)	Number of drinks
- Drinks are free ?	_____
- Every drink costs 50 cents ?	_____
- Every drink costs 1 Swiss franc ?	_____
- Every drink costs 2 Swiss francs ?	_____
- Every drink costs 3 Swiss francs ?	_____
- Every drink costs 4 Swiss francs ?	_____
- Every drink costs 6 Swiss francs ?	_____
- Every drink costs 8 Swiss francs ?	_____
- Every drink costs 10 Swiss francs ?	_____
- Every drink costs 15 Swiss francs ?	_____
- Every drink costs 20 Swiss francs ?	_____

1 Standard drink

	=		=		=		=		=		=	
1 glass of wine 1 dl				1 beer 2.5 dl		1 alcopop		1 short drink 2 cl		1 Long drink		1 Apéritif 0.5 dl

In case you had a 5dl beer or a double schnapps, then it makes 2 standard drinks.

D16. In the past 12 months, have you ever experienced any of the following ?

Tick one box in every row

In the last 12 months, it happened that...	Yes	No
I drank alcohol or took drugs or medicine (anything but mere pain killers) in order to GET OVER any of the bad secondary effects of drinking alcohol.	<input type="checkbox"/>	<input type="checkbox"/>
I had a mental blackout after drinking alcohol (I could not remember anything or only fragments).	<input type="checkbox"/>	<input type="checkbox"/>
While drinking alcohol, I did something that I badly regretted later.	<input type="checkbox"/>	<input type="checkbox"/>
I had unplanned sex because I was drunk.	<input type="checkbox"/>	<input type="checkbox"/>
I had sex without a condom because I was drunk.	<input type="checkbox"/>	<input type="checkbox"/>
I had an accident or I got injured because I was drunk.	<input type="checkbox"/>	<input type="checkbox"/>
I came into conflict with the police or with authorities <u>more than once</u> because of my consumption of alcohol.	<input type="checkbox"/>	<input type="checkbox"/>
I came into an argument or into a fight while drinking alcohol or straight after.	<input type="checkbox"/>	<input type="checkbox"/>
I damaged property, because I was drunk.	<input type="checkbox"/>	<input type="checkbox"/>

D17. Think of the past 12 months and choose one answer in each row.

In the past 12 months...	Yes	No
...has your drinking alcohol caused you <u>more than once</u> to miss a class, work or to fail to look after your family at home?	<input type="checkbox"/>	<input type="checkbox"/>
...did you <u>more than once</u> drive a car or another vehicle (such as a bicycle, motorcycle or moped) shortly after you had had several drinks with alcohol?	<input type="checkbox"/>	<input type="checkbox"/>
...did you find yourself <u>more than once</u> in a situation that increased your chances of getting injured (using machines, walking or doing sport in a dangerous area or around heavy traffic) after you had been drinking too much alcohol?	<input type="checkbox"/>	<input type="checkbox"/>
...did you resume your drinking habits even though your drinking had caused problems with your partner, friend or acquaintances ?	<input type="checkbox"/>	<input type="checkbox"/>
...did you find you needed a lot more alcohol to become high or drunk than you used to?	<input type="checkbox"/>	<input type="checkbox"/>
...did you start feeling nervous or shaky for a full day or more after you had cut down on your drinking?	<input type="checkbox"/>	<input type="checkbox"/>
...did you often find yourself drinking more and for longer periods of time than you intended?	<input type="checkbox"/>	<input type="checkbox"/>
...did you try to cut down on your drinking , but couldn't?	<input type="checkbox"/>	<input type="checkbox"/>
...did you find yourself spending a great deal of time obtaining, using, or recovering from the effects of alcohol?	<input type="checkbox"/>	<input type="checkbox"/>
...did you give up activities you care about (e.g. school, work or being with friends and family) because of your drinking?	<input type="checkbox"/>	<input type="checkbox"/>
...did you continue drinking even though you were aware that alcohol had repeatedly caused you anxiety, depression or health problems ?	<input type="checkbox"/>	<input type="checkbox"/>
...have you had such a strong desire or urge to drink that you could not help drinking?	<input type="checkbox"/>	<input type="checkbox"/>

D18. Think back to the times when you drank alcohol (beer, wine, spirits etc.) over the last 12 months. Please state how often you drank alcohol ...

Tick one box in each row

	(almost) never	some of the time	half of the time	most of the time	(almost) always
...because it helped you enjoy a party?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...because it helped you when you feel depressed or nervous?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...to cheer up when you were in a bad mood?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...because you liked the feeling?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...to get high?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...because it made social gatherings more fun?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...to fit in with a group you like?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...because it improved parties and celebrations?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...to forget about your problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...because it was fun?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...to be liked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...so you wouldn't feel left out?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

D19. How often did you take the following substances along with alcohol (simultaneously) in the past 12 months?

By “simultaneously” we mean shortly before or after drinking alcohol (in the same evening), but not the day after nor the day before.

Tick one box in each row

	Almost always	Often (more than half of the time)	More or less half of the time	Seldom (less than half of the time)	Hardly ever	Never
Tobacco products (cigarettes, cigars, pipe, snus, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cannabis (hashish, marihuana, grass)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other drugs (cocaine, heroin, speed, LSD, magic mushrooms, hallucinogens, ecstasy etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drugs: <ul style="list-style-type: none"> - Hypnotics, tranquillizers (e.g. sleeping pills such as Stilnox®; Benzodiazepine such as Temesta®, Valium®, Xanax®, or Rohypnol®; Stilnox®) - Stimulating pills (Amphetamine) such Ritaline®, Strattera®, Adderal® - Strong painkillers, mostly based on opium or codeine (Tamgesic®, Benylin®, Bexin®, Fentanyl; BUT NOT usual painkillers such as Aspirin, Paracetamol or herbal teas) - Antidepressants (e.g. Remeron®, Fluoxétine®, Citalopram®, Trimin®) 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

E. TOBACCO

E1. How much percent of young men of your age do you think smoke cigarettes?

_____ %

E2. In the PAST 12 MONTHS, how many of your FRIENDS have smoked a cigarette REGULARLY?

None of my friends	1 or 2 of my friends	Several friends	Almost all of my friends
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Cigarettes (INCLUDING THE ONES YOU ROLLED YOURSELF)

E3. Did you smoke cigarettes in the past 12 months?

- Yes
- No => GO ON TO QUESTION E9 (e-cigarettes)

E4. How often have you generally smoked cigarettes in the past 12 months?

- Every day
- 5-6 days a week
- 3-4 days a week
- 1-2 days a week
- 2-3 days a month
- Once in a month or less

E5. On a usual day when you smoke cigarettes, how many cigarettes do you smoke?

_____ Cigarettes

E6. Did you attempt to stop smoking IN THE PAST 12 MONTHS, that is to say did you try during SEVERAL DAYS until you resumed smoking and if yes, how many times?

<input type="checkbox"/> Once	→ go to question E8, next page
<input type="checkbox"/> twice	
<input type="checkbox"/> 3 times	
<input type="checkbox"/> 4 times or more	
<input type="checkbox"/> No attempt in the past 12 months	→ Go to question E9 on e-cigarettes, next page

E7. What has been the LONGEST PERIOD during which you have ATTEMPTED TO STOP smoking tobacco in the PAST 12 MONTHS?

<input type="checkbox"/> 2-5 days
<input type="checkbox"/> 1 week
<input type="checkbox"/> 2-3 weeks
<input type="checkbox"/> 1 month

<input type="checkbox"/> 2-3 months
<input type="checkbox"/> 4-6 months
<input type="checkbox"/> Between 7 months and a year
<input type="checkbox"/> More than a year

E8. How long did your LAST ATTEMPT to stop smoking tobacco last for IN THE PAST 12 MONTHS?

<input type="checkbox"/> 2-5 days
<input type="checkbox"/> 1 week
<input type="checkbox"/> 2-3 weeks
<input type="checkbox"/> 1 month

<input type="checkbox"/> 2-3 months
<input type="checkbox"/> 4-6 months
<input type="checkbox"/> Between 7 months and a year
<input type="checkbox"/> More than a year

E-cigarettes

E9. IN THE PAST 12 MONTHS, did you smoke e-cigarettes (electronic cigarettes)?

- Yes
- No => GO ON TO QUESTION E12 (other tobacco products) , next page

E10. Think of the PAST 12 MONTHS. How often did you smoke e-cigarettes (electronic cigarettes)?

- Every day
- 5-6 days a week
- 3-4 days a week
- 1-2 days a week
- 2-3 days a month
- Once in a month or less (now and then)

E11. On a typical day when you smoke e-cigarettes (electronic cigarettes), how many e-cigarettes do you smoke?

_____ e-cigarettes

Other tobacco products

E12. In the past 12 months did you use other tobacco products (see the image below), and how often ?

	Daily	5-6 days a week	3-4 days a week	1-2 days a week	2-3 days a month	Once a month or less often	Never
Shisha, water pipe – with tobacco only (without cannabis)	<input type="checkbox"/>	<input type="checkbox"/>					
Snus (plug, tobacco in portions)	<input type="checkbox"/>	<input type="checkbox"/>					
Snuff	<input type="checkbox"/>	<input type="checkbox"/>					
Chewing tobacco	<input type="checkbox"/>	<input type="checkbox"/>					
Cigars/cigarillos	<input type="checkbox"/>	<input type="checkbox"/>					
Pipe (except shisha or water pipe)	<input type="checkbox"/>	<input type="checkbox"/>					



Water pipe



Snus



Snuff



Chewing tobacco

Attitudes regarding tobacco

The following questions are about all sorts of tobacco use: cigarettes, water pipe, snus, snuff, chewing tobacco, cigar, cigarillo and pipe.

E13. In the past 12 months, did you smoke or use at least once one of these tobacco products?

- Yes
- No => GO ON TO SECTION F on cannabis, page 32.

E14. How much time (in minutes) after you wake up do you usually smoke your first cigarette/tobacco product of the day?

- 0-5 minutes
- 6-15 minutes
- 16-30 minutes
- 31-60 minutes
- 61 minutes or more

E15. Do you find it difficult to keep from smoking in places where it is forbidden (ex. cinemas, restaurants, libraries, etc.)?

- Yes
- No

E16. Which cigarette / tobacco product do you find the most difficult to give up ?

- The one in the first hours of the day
- The one later in the day

E17. Do you smoke at closer times in the first hours in the morning than during the rest of the day?

- Yes
- No

E18. Do you smoke when you are so ill that you have to stay in bed all day long?

- Yes
- No

E19. In the past 12 months, how often did you smoke or use a tobacco product simultaneously with...?

“Simultaneously” refers to the time just before or just after one same evening, but NOT the day before or the day after.

Tick one box in each row.

	Almost always	Often (more than half of the time)	More or less half of the time	Seldom (less than half of the time)	Hardly ever	Never
... alcohol ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... cannabis (hashish, marihuana, grass)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... other drugs (cocaine, heroin, speed, LSD, magic mushrooms, hallucinogens, ecstasy etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...drugs? <ul style="list-style-type: none"> - Hypnotics, tranquillizers (e.g. sleeping pills such as Stilnox®; Benzodiazepine such as Temesta®, Valium®, Xanax®, or Rohypnol®; Stilnox®) - Stimulating pills (Amphetamine) such Ritaline®, Strattera®, Adderal® - Strong painkillers, mostly based on opium or codeine (Tamgesic®, Benylin®, Bexin®, Fentanyl; BUT NOT usual painkillers such as Aspirin, Paracetamol or herbal teas) - Antidepressants (e.g. Remeron®, Fluoxétine®, Citalopram®, Trimin®) 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

F. CANNABIS

F1. How much percent of young men of your age do you think smoke cannabis?

 %

F2. How many times IN THE PAST 12 MONTHS did your friends smoke cannabis (grass, marihuana, hashish, etc.) at least ONCE A MONTH?

None of my friends	1 or 2 of my friends	Several friends	Almost all of my friends
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

F3. Have you smoked cannabis (hashish, marihuana, grass) IN THE PAST 12 MONTHS?

Yes

No => GO ON WITH SECTION G, other illicit drugs (p. 36)

F4. IN THE PAST 12 MONTHS, how often did you usually smoke cannabis?

Once a month or less

2 to 4 times a month

2 to 3 times a week

4 to 5 times a week or more often

Every day or nearly every day

F5. During a typical day when you take cannabis, during how many hours do you feel "high"?

1 or 2 hours

3 to 4 hours

5 to 6 hours

7 to 9 hours

10 hours or more

F6. Think of the 12 past months, and reply to the following questions:

	Never	Less than once a month	Once a month	Once a week	Once a day or nearly
Tick one box in each row.					
How often have you felt « high » during at least 6 hours ?	<input type="checkbox"/>				
How often have you felt like you could not stop taking cannabis?	<input type="checkbox"/>				
How often were you not any more able to do what you were normally expected to, because of your use of cannabis?	<input type="checkbox"/>				
How often have you taken cannabis in the morning in order to recover from an important intake of cannabis the day before?	<input type="checkbox"/>				
How often have you felt guilty or remorseful because of your use of cannabis?					
How often have you had difficulties remembering things or concentrating because of your use of cannabis?					
How often have you given up leisure time activities because of your use of cannabis (e.g. going out, sport, hobby, etc.)?					
How often have you had problems at school, college, or at work because of your use of cannabis?					

F7. Which one of the following two statements corresponds best to your situation?

- “I smoke cannabis out of pleasure, because it is something special”.
- “I smoke cannabis out of habit, because it is part of my daily life”.

F8. Were you or anybody else physically hurt IN THE PAST 12 MONTHS because of your use of cannabis?

- Yes
- No

F9. IN THE PAST 12 MONTHS, has any relative, friend or doctor felt concerned about your use of cannabis or advised you to reduce your consumption?

- Yes
- No

F10. IN THE PAST 12 MONTHS, how often did your use of cannabis drive you to...

	Never	Seldom	Sometimes	Often	Always
...have trouble to go to sleep without smoking cannabis before?	<input type="checkbox"/>				
...feel tired, weak or listless?	<input type="checkbox"/>				
...go to work straight after smoking cannabis?	<input type="checkbox"/>				
...smoke more cannabis than originally intended?	<input type="checkbox"/>				
...have done something that you regretted later?	<input type="checkbox"/>				
...feel bad or sick after smoking cannabis?	<input type="checkbox"/>				
...spend more money on cannabis than originally wanted?	<input type="checkbox"/>				

F11. How often in the 12 past months have you driven a vehicle (car, motorcycle, moped, etc.) in the 4 hours following to your consumption of cannabis?

- Never
 Seldom
 Sometimes
 Often
 Always

F12. How often in the past 12 months have you consumed the following substances simultaneously with cannabis?

By „simultaneously with tobacco“, we mean shortly before or after taking tobacco (e.g. the same evening), but not on the next day nor on the day before.

Tick one box in each row.

	Almost always	Often (more than half of the time)	More or less half of the time	Seldom (less than half of the time)	Hardly ever	Never
Tobacco products (cigarettes, cigars, pipe, snus, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cannabis (hashish, marihuana, grass)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other drugs (cocaine, heroine, speed, LSD, magic mushrooms, hallucinogens, ecstasy etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medicine: <ul style="list-style-type: none"> - Hypnotics, tranquillizers (e.g. sleeping pills such as Stilnox®); Benzodiazepine such as Temesta®, Valium®, Xanax®, or Rohypnol®; Stilnox®) - Stimulating pills (Amphetamine) such Ritaline®, Strattera®, Adderal® - Strong painkillers, mostly based on opium or codeine (Tamgesic®, Benylin®, Bexin®, Fentanyl; BUT NOT usual painkillers such as Aspirin, Paracetamol or herbal teas) - Antidepressants (e.g. Remeron®, Fluoxétine®, Citalopram®, Trimin®) 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

G. OTHER ILLICIT DRUGS

G1. How much percent of young men of your age do you think take other drugs than cannabis?

_____ %

G2. How many of your friends took drugs (other than cannabis) such as cocaine, methamphetamines (“meth”) IN THE PAST 12 MONTHS?

None of my friends	1 or 2 of my friends	Several friends	Almost all of my friends
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

G3. Have you taken any of the following drugs in the past 12 months? If yes, how often?

	Never	1 to 3 times	4 times or more
Tick one box in each row			
Hallucinogens, magic mushrooms, psilocibin, peyote, mescaline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other hallucinogens (LSD, PCP/Angeldust, 2-CB, 2-CI)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Salvia divinorum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Amphetamine, Metamphetamine, Amphetaminsulfate (e.g. Dexedrine, Benzedrin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chrystal Meth (Ice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poppers (Amylnitrit, Butylnitrit)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Solvent sniffing (e.g. glue, solvent and gas such as benzine, ether, toluol, trichloräthylen, nitrous oxide, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ecstasy, MDMA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cocaine, crack, freebase	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heroin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ketamin (Special K), DXM (Bexin ®)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GHB / GBL / I-4 Butandiol (BDB)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chemicals used in research (e.g. mephedrone, butylone and methedrone)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spices or similar substances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

H. PRESCRIBED DRUGS

Now we would like to ask you about your experiences with prescribed drugs and other kinds of drugs **in the last 12 months** that you may have decided to use **OF YOUR OWN WILL** - that is, either **WITHOUT** a doctor's prescription or without a doctor telling you to use them.

H1. People use the following medicine and drugs OF THEIR OWN WILL to feel more alert, to relax or calm down, to feel better, to enjoy themselves, or to get high or just to see how they would work. Have you taken such medicine OF YOUR OWN WILL, and if yes, how often?

Tick one box in each row	Never	Once	2-3 times a year	4-9 times a year	1-2 times a month	3-4 times a month	2-3 times a week	4 times a week or more
Sleeping pills (Hypnotika) E.g. Benzodiazepine (Dalmadorm®, Rohypnol®, Halcion®), Barbiturate, Chloralhydrate (Nervifène®), zopiclon, zolpidem (Imovane®, Stilnox®)	<input type="checkbox"/>							
Tranquilizers E.g. Benzodiazepine (Valium®, Xanax®, Librax®, Temesta®, Normison®, Demetrin®, Dalmadorm®) or muscle relaxing products	<input type="checkbox"/>							
Strong painkillers Not mere painkiller such as Aspirine or Paracetamol. E.g. based on Buprenorphin (Tamgesic®), Codeine (Benylin®), or opium-based products (Fentanyl, Hydrocodon, Journista®, Palladon®, Targin®, Oxycontin®, Vicodin®, Dilaudid®) or DXM (Bexin®)	<input type="checkbox"/>							
Stimulants and amphetamine E.g. Amphetaminsulphate (Aderall) ; Atomoxetine (Strattera®), Methylphenidate (Ritalin®)	<input type="checkbox"/>							
Antidepressants (Remeron®, Fluoxétine®, Citalopram®, Trimin®)	<input type="checkbox"/>							
Beta-Blocker E.g. Propranolol (Indérial®), Atenolol (Aténil®, Tenormin®), Metoprolol (Loprésor®)	<input type="checkbox"/>							

H2. Have you ever used anabolic steroids?

- No, never
 Yes, last year, but not in the last 30 days
 Yes, but not last year
 Yes, in the past 30 days

I. SUBSTANCE COMBINATIONS

Now think of the substances you have generally **combined in the last 12 months** in a single evening or at a weekend (i.e. when going out with friends, at someone's place or at your place).

11. What substances did you use to combine at weekends or on a holiday?

Tick the relevant boxes

Alcohol	Beer, wine spirits, alcopops etc.	<input type="checkbox"/>
Tobacco	Cigarettes, pipes, water pipes, snus, snuff, cigars, etc.	<input type="checkbox"/>
Drugs	Cannabis (grass, hashish, joints)	<input type="checkbox"/>
	„Magic Mushrooms“, Psilocybin, Peyote, Mescaline	<input type="checkbox"/>
	Other Hallucinogens (LSD, PCP / angeldust / 2-CB, 2-CI)	<input type="checkbox"/>
	Salvia divinorum	<input type="checkbox"/>
	Speed	<input type="checkbox"/>
	Amphetamine, Metamphetamine, Amphetaminsulfate	<input type="checkbox"/>
	Crystal Meth (Ice)	<input type="checkbox"/>
	Poppers (Amylnitrit, Butylnitrit)	<input type="checkbox"/>
	Solvent sniffing (e.g. glue, solvent and gas such as benzine, ether, toluol, nitrous oxide, etc.)	<input type="checkbox"/>
	Ecstasy, MDMA	<input type="checkbox"/>
	Cocaine, crack, freebase	<input type="checkbox"/>
	Heroin	<input type="checkbox"/>
	Ketamine (Special K) DXM (Bexin)	<input type="checkbox"/>
	GHB / GBL / 1-4 Butandiol (BDB)	<input type="checkbox"/>
	Chemicals used in research (e.g. mephedrone, butylone and methedrone)	<input type="checkbox"/>
Spices or similar substances	<input type="checkbox"/>	
Medicine	Tranquilizers	<input type="checkbox"/>
	Sleeping pills / Sedatives	<input type="checkbox"/>
	Strong painkillers (not merely Aspirin or Dafalgan®)	<input type="checkbox"/>
	Stimulants and Amphetamine (Ritalin®)	<input type="checkbox"/>
	Smart Drugs (Modafinil, Racetams, etc.)	<input type="checkbox"/>
None		<input type="checkbox"/>

12. Think of the evening when you combined a maximum of various substances in the past 12 months. Which ones of the following substances did you combine then?

Tick the relevant boxes below

Alcohol	Beer, wine spirits, alcopops etc.	<input type="checkbox"/>
Tobacco	Cigarettes, pipes, water pipes, snus, snuff, cigars, etc.	<input type="checkbox"/>
Drugs	Cannabis (grass, hashish, joints)	<input type="checkbox"/>
	„Magic Mushrooms“, Psylocibin, Peyote, Mescaline	<input type="checkbox"/>
	Other Hallucinogens (LSD, PCP / angeldust / 2-CB, 2-CI)	<input type="checkbox"/>
	Salvia divinorum	<input type="checkbox"/>
	Speed	<input type="checkbox"/>
	Amphetamine, Metamphetamine, Amphetaminsulfate	<input type="checkbox"/>
	Crystal Meth (Ice)	<input type="checkbox"/>
	Poppers (Amylnitrit, Butylnitrit)	<input type="checkbox"/>
	Solvent sniffing (e.g. glue, solvent and gas such as benzine, ether, toluol, nitrous oxide, etc.)	<input type="checkbox"/>
	Ecstasy, MDMA	<input type="checkbox"/>
	Cocaine, crack, freebase	<input type="checkbox"/>
	Heroin	<input type="checkbox"/>
	Ketamine (Special K) DXM (Bexin)	<input type="checkbox"/>
	GHB / GBL / 1-4 Butandiol (BDB)	<input type="checkbox"/>
	Medicine used in research (e.g. mephedrone, butylone and methedrone)	<input type="checkbox"/>
Spices or similar substances	<input type="checkbox"/>	
Medicine	Tranquilizers	<input type="checkbox"/>
	Sleeping pills / Sedatives	<input type="checkbox"/>
	Strong painkillers (not merely Aspirin or Dafalgan®)	<input type="checkbox"/>
	Stimulants and Amphetamine (Ritalin®)	<input type="checkbox"/>
	Smart Drugs (Modafinil, Racetams, etc.)	<input type="checkbox"/>
None		<input type="checkbox"/>

J. PERSONALITY AND LEISURE TIME ACTIVITIES

Anyone feels different and has different difficulties and problems, enjoys different things and has different hobbies etc.

We would like to know more about you. Please answer the following questions spontaneously, without thinking them over.

- J1. Each item below is a statement that a person may either agree with or disagree with. For each item, indicate how much you agree or disagree with what it says. If you are not sure of your reply, tick the answer that corresponds best in your opinion.**

Tick a box in each row.	Utterly true	Some-what true	Some-what wrong	Utterly wrong
Even if something bad is about to happen to me, I rarely experience fear or nervousness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I go out of my way of things to get what I want.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I'm doing well at something I love to keep at it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm always willing to try something new if I think it will be fun.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I get something I want, I feel excited and energized.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Criticism or scolding hurts me quite a bit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I want something I usually go all-out to get it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I will often do things for no other reason than that they might be fun.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If I see a chance to get something I want I move on it right away.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel pretty worried or upset when I think or know somebody is angry at me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I see an opportunity for something I like, I get excited right away.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I often act on the spur of the moment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If I think something unpleasant is going to happen I usually get pretty "worked up".	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When good things happen to me, it affects me strongly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel worried when I think I have done poorly at something important.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

...continued....	Utterly true	Some-what true	Some-what wrong	Utterly wrong
I crave excitement and new sensations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I go after something I use a “no holds barred” approach.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have very few fears compared to my friends.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It would excite me to win a contest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I worry about making mistakes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

J2. Think of this time in your life. By “time in your life” we refer to the present time, plus the last few years that have gone by, and the next few years to come, as you see them.

In short, think of a roughly five-year period, with the present in the middle.

Is this period of your life ... Tick one box in each row	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly Agree
...a time of many possibilities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of exploration?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of confusion?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of experimentation?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of personal freedom?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of feeling restricted?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of responsibility for yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of feeling stressed out?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of instability?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of optimisms?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of high pressure?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of finding out who you are?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of settling down?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of responsibility for others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of independence?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of open choices?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

...continued...	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly Agree
...a time of unpredictability?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of commitments to others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of self-sufficiency?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of many worries?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of trying out new things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of focusing on yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of separating from parents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of defining yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of planning for the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of seeking a sense of meaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of deciding on your own beliefs and values?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of learning to think for yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
...a time of feeling adult in some ways but not others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of gradually becoming an adult?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
... a time of being not sure whether you have reached full adulthood?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

J3. Check a number from 1 (totally true) to 9 (totally wrong) to indicate how much each of the following is true of you.

I am the king of person who...	1	2	3	4	5	6	7	8	9
...is considered unusually "gifted" or talented at academic things.	<input type="checkbox"/>								
...is considered exceptionally or unusually intelligent.	<input type="checkbox"/>								
...is considered a very "brainy" or scholarly person.	<input type="checkbox"/>								
...usually had grades near the very top of every class.	<input type="checkbox"/>								

J4. How often did you do the following things in the past 12 months?

Tick one box in each row

	Never	A few times a year	Once to 3 times a month	At least once a week	Almost every day
Actively participate in sports, athletics or exercising.	<input type="checkbox"/>				
Read books for pleasure (do not count schoolbooks).	<input type="checkbox"/>				
Go out in the evening (to a disco, cafe, party etc.).	<input type="checkbox"/>				
Other hobbies (play an instrument, sing, draw, write etc.).	<input type="checkbox"/>				
Hang around with friends (in shopping centers, streets, parks, etc.).	<input type="checkbox"/>				
Use Internet for leisure activities (chats, looking for music, playing games etc).	<input type="checkbox"/>				
Play on slot machines.	<input type="checkbox"/>				
Play computer games online (e.g. World of Warcraft).	<input type="checkbox"/>				
Play computer games on a console (e.g. Play Station, X-Box, Wii) or on a PC (NOT ONLINE).	<input type="checkbox"/>				

J5. Here are some PAIRS of STATEMENTS describing PEER PRESSURE which is when your friends encourage you to do something or not to do something else.

For each pair, READ both statements and decide whether your friends mostly encourage you to do the one on the LEFT or the one on the RIGHT. Then, MARK AN "X" in one of the boxes on the side toward the statement you choose, depending on HOW MUCH your friends encourage you to do that ("A Little," "Somewhat" or "A Lot"). If you think there's no pressure from friends to do either statement, mark the middle ("No Pressure") box. Remember, mark just ONE "X" for each pair of statements.

HOW STRONG is the pressure from your FRIENDS to:	A lot	Somewhat	Little	No pressure	Little	Somewhat	A lot	Or...
...Smoke marijuana	<input type="checkbox"/>	... NOT to smoke marijuana						
...Be social, do things with other people	<input type="checkbox"/>	... NOT to be social, do things by yourself						
...Drink beer or liquor	<input type="checkbox"/>	... NOT to drink beer or liquor						
...Be part of one (or more) of the "crowds" at school or work	<input type="checkbox"/>	... NOT to be part of any of the "crowds" at school or work						
...NOT to go to parties	<input type="checkbox"/>	... Go to parties						
...Wear the SAME types of clothes your friends wear	<input type="checkbox"/>	... Wear styles of clothes DIFFERENT from your friends						
...Smoke cigarettes	<input type="checkbox"/>	... NOT to smoke cigarettes						
...Talk or act DIFFERENTLY from your friends	<input type="checkbox"/>	... Talk or act the SAME way as your friends do						
...Get drunk or get "a buzz"	<input type="checkbox"/>	... NOT to get drunk						
...Go out with girls (opposite sex)	<input type="checkbox"/>	... NOT to go out with girls (opposite sex)						
...Wear your hair DIFFERENT from your friends	<input type="checkbox"/>	... Wear your hair like your friends do						
...Have the SAME opinion about things as your friends do	<input type="checkbox"/>	... Have DIFFERENT opinions than your friends do						
... NOT to "trash" things or vandalize property	<input type="checkbox"/>	... "Trash" or vandalize things (write on walls, break windows, etc.)						
...Listen to the music, groups your friends think are good	<input type="checkbox"/>	... Listen to music and groups that no one else likes						
...Have sexual intercourse (go "all the way")	<input type="checkbox"/>	... NOT to go "all the way" (not have sexual intercourse)						
... Go out with friends at weekends	<input type="checkbox"/>	... Stay at home at weekends						
...Do things to impress members of the opposite sex	<input type="checkbox"/>	... Try NOT to impress members of the opposite sex						

Now we are interested to know how much time you have spent on games. This includes cyber games on internet or games on a console (e.g. Nintendo, Play station, X-Box, Wii).

J6. How often in the last 6 months...

Tick one box in each row

	Never	Rarely	Some-times	Often	Very often
... Have you thought all day long about playing a game or spending time on internet?	<input type="checkbox"/>				
...Have you played longer than intended?	<input type="checkbox"/>				
...Have you played games or spent time on internet to forget about real life?	<input type="checkbox"/>				
...Have others unsuccessfully tried to make you reduce your time spent on games or on internet?	<input type="checkbox"/>				
...Have you felt upset when you were unable to play or to spend time on internet?	<input type="checkbox"/>				
...Have you had arguments with others (e.g., family, friends) over your time spent on games or on internet?	<input type="checkbox"/>				
...Have you neglected important activities (e.g. school, work, sports) to play games or spent time on internet?	<input type="checkbox"/>				

J7. Over the past 12 months, how often did you spend money on each of the following gambling activities?

Tick one box in each row

	Never	A few times a year	Monthly (but not weekly)	Weekly (but not daily)	Daily or nearly daily
Lottery and bets (but not electronic lottery) <ul style="list-style-type: none"> • Scratch lottery • Numbers game • Lotto/Bingo • Sport betting (Toto-R, Toto-X, PMU) 	<input type="checkbox"/>				
Electronic Lottery (e.g. Tactilo)	<input type="checkbox"/>				
Gambling machines (Slot Machine, Poker Automat etc.)	<input type="checkbox"/>				
Gambling tables in Casinos (Roulette, Black Jack, Poker, etc.)	<input type="checkbox"/>				
Chance /money games on Internet <ul style="list-style-type: none"> • Internet Casino • Poker with money on Internet • Sports bets (Bet & Win, PMU etc.) 	<input type="checkbox"/>				
Money games and card games with money (e.g. Poker) in private clubs	<input type="checkbox"/>				
Other money and chance games (Skills and strategy games, bets in private clubs, etc.)	<input type="checkbox"/>				

J8. During the past 12 months, has your betting or gambling caused you personal problems?

Yes

No

I did not gamble in the past 12 months => *Continue with question J11 (next page).*

J9. How much money have you spent in the last 12 months on average in a month on chance or money games?

CHF 1.- to CHF 50.-

CHF 201.- to 500.-

CHF 51.- to 100.-

CHF 501.- to 1000.-

CHF 101.- to 200.-

More than CHF 1000.-

J10. IN THE PAST 12 MONTHS...

Tick one box in each row

	Yes	No
...have you often found yourself thinking about gambling (e.g. reliving past gambling experiences, planning the next time you will play or thinking of ways to get money to gamble)?	<input type="checkbox"/>	<input type="checkbox"/>
...have you needed to gamble with more and more money to get the amount of excitement you are looking for?	<input type="checkbox"/>	<input type="checkbox"/>
...have you become restless or irritable when trying to cut down or stop gambling?	<input type="checkbox"/>	<input type="checkbox"/>
...have you gambled to escape from problems or when you are feeling depressed, anxious or bad about yourself?	<input type="checkbox"/>	<input type="checkbox"/>
...after losing money gambling, have you returned another day in order to get even?	<input type="checkbox"/>	<input type="checkbox"/>
...have you lied to your family or others to hide the extent of your gambling?	<input type="checkbox"/>	<input type="checkbox"/>
...have you made repeated unsuccessful attempts to control, cut back or stop gambling?	<input type="checkbox"/>	<input type="checkbox"/>
...have you been forced to go beyond what is strictly legal in order to finance gambling or to pay gambling debts?	<input type="checkbox"/>	<input type="checkbox"/>
...have you risked or lost a significant relationship, job, educational or career opportunity because of gambling?	<input type="checkbox"/>	<input type="checkbox"/>
...have you sought help from others to provide the money to relieve a desperate financial situation caused by gambling?	<input type="checkbox"/>	<input type="checkbox"/>

J11. We are interested to know how people cope with stressful or difficult situations in their life. Obviously, different people deal with things in different ways. What do you do or how do you feel when facing a stressful situation?

	I usually ...			
	...don't do this at all	...do this a little bit	...do this a medium	...do this a lot
Mark one box for each line				
I concentrate my efforts on doing something about the situation I'm in.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I try to come up with a strategy about what to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get help and advice from other people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I get emotional support from others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	I usually ...			
	...don't do this at all	...do this a little bit	...do this a medium	...do this a lot
...continued...				
I turn to work or other activities to take my mind off things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I say to myself "this isn't real".	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I give up trying to deal with it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I criticize myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

K. SEXUALITY

Here are very personal questions about love relationships and sexuality. But do not worry: your answers are kept highly confidential.

K1. People feel different about sexual preferences. How do you feel yourself? Do you feel...

- Attracted only by women?
- Predominantly attracted by women?
- Attracted by women and men equally?
- Predominantly attracted by men?
- Attracted only by men?

K2. Have you ever had sexual intercourse?

- Yes, only once
- Yes, several times
- No, never => *Please continue with the last page of the questionnaire*

K3. What was your age the first time you had sexual intercourse?

- 11 years or younger
- 12 or 13 years
- 14 or 15 years
- 16 or 17 years
- 18 or 19 years
- 20 or 21 years
- 22 years or older

K4. Overall, how many sexual partners have you had in the past 12 months?

- None
- One
- Two
- Three
- Four or more

Now think back over **the last 6 months** (for all the remaining questions):

K5. How do you rate your confidence that you could get and keep an erection?

- Very low
- Low
- Moderate
- High
- Very high

K6. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- Never or hardly ever
- Much less than half the time
- About half the time
- Much more than half the time
- Almost always or always

K7. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- Never or hardly ever
- Much less than half the time
- About half the time
- Much more than half the time
- Almost always or always

K8. During sexual intercourse how difficult was it to maintain your erection to the completion of intercourse?

- Extremely difficult
- Very difficult
- Difficult
- Slightly difficult
- Not difficult

K9. When you attempted sexual intercourse, how often was it satisfactory for you?

- Never or hardly ever
- Much less than half the time
- About half the time
- Much more than half the time
- Almost always or always

K10. Think of the last 6 months: Do you feel that your control over your ejaculation during sexual intercourse is...

- Fair
- Poor
- Good
- Very good
- Excellent

K11. Which one of these four statements describes how your typical length of time from penetration to climax has affected your relationship?

- It is a problem for me but not for my partner
- It is not a problem for me but it is for my partner
- It is a problem for both me and my partner
- It is not a problem for me or my partner

* * *

Please write the date of today below:

___ ___ / ___ ___ / ___ ___ ___ ___ (DD/MM/YYYY)

We would like to thank you with a voucher of CHF 30.- (you will receive it by post – it can take up to 6 weeks). **Please tick the voucher of your choice below :**

- Voucher Manor Voucher Fnac Voucher Media Markt

Provided that we get additional funding, we would like to continue this study, and to continue rewarding you with incentives for your participation. Are you willing to fill in the 3rd questionnaire in about 12 months online?

- Yes
If yes, what is your email address? _____

(so that we can send you the internet link to the questionnaire by email)

- No, I would rather receive the questionnaire by post.

Thank you for your participation!