

QUESTIONS AND INSTRUMENTS

Description	Questionnaires			Data SPSS	
	Baseline	Follow-up		Baseline	Follow-up
	Hard copy & online	Hard copy	Online		
Mandatory questions (online) are bold .					
User id				userid	fu1userid
A) Sociodemography					
Current professional situation – standard question from Swiss Health Survey	A1	A5	A1	a1_1 to a1_17	fu1a1_1 to fu1a1_19
Highest achieved education – standard question from Swiss Health Survey	A2	A6	A2	a2	fu1a2
Birthday	A3	A7	A3	a3a	fu1a3a
Birthmonth	A3	A7	A3	a3b	fu1a3b
Birthyear	A3	A7	A3	a3c	fu1a3c
Age	A3	A7	A3	a3d	fu1a3d
Postal Code of community	A4	A8	A4	a4	fu1a4, fu1a4a
Housing situation – own development	A5	A9	A5	a5	fu1a5
Financial independance – own development	A6	A10	A6	a6	fu1a6
Civil status – standard question from Swiss Health Survey	A7	A11	A7	a7	fu1a7
Number of children	A8	A12	A8	a8	fu1a8
Pregnancy of partner	A9	A13	A9	a9	fu1a9
Number of Siblings	A10	-	-	a10a, a10b	-
Religion – Standard from Federal Population Survey Suisse	A11	-	-	a11	-
Spirituality – from: Religious Practices and Beliefs (RPB 2I), ref.: http://casaa.unm.edu/inst/Religious%20Practices%20and%20Beliefs.pdf	A12	-	-	a12	-
Current employment status.– standard question adapted from Swiss Labour Force Survey and Swiss Health Survey	-	A1 to A3	A13 to A15	-	fu1a13 to fu1a15
Job satisfaction six items of the GJS (Macdonald & MacIntyre, 1997)	-	A4	A16	-	fu1a161 to fu1a166
Satisfaction with life (Diener, Emmons, Larsen, & Griffin, 1985)	-	A14	A17	-	fu1a171 to fu1a175
Army service status adapted from army	-	A15	A18 to A20	-	fu1a18 to fu1a20
B) Health					
	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Height	B1	B1	B1	b1	fu1b1
Weight	B2	B2	B2	b2	fu1b2
Physical and mental health, instrument: SF-12 (Ware, Kosinski, & Keller, 1995)	B3 to B9	B3 to B9	B3 to B9	b3 to b9	fu1b3 to fu1b9
Consequences without mentioning of explicit substance involvement: consequences from standard instruments:					
ESPAD; (European School Survey Project on Alcohol and Drugs, see: http://www.espad.org/)	B10	B10	B10	b101 to b1010	fu1b101 to fu1b1010
Wechsler-Surveys (e.g., Wechsler, Davenport, Dowdall, Moeykens, & Castillo, 1994)	B10	B10	B10	b1011 to b1013	fu1b1011 to fu1b1013
Semi-Structured Assessment for the Genetics of Alcoholism (SSAGA II; Bucholz et al., 1994; Hesselbrock, Easton, Bucholz, Schuckit, & Hesselbrock, 1999)	B10	B10	B10	b1014 to b1017	fu1b1014 to fu1b1017
Major depressive (ICD-10) Inventory- WHO-MDI e.g., http://www.who-5.org (Bech, Rasmussen, Olsen, Noerholm, & Abildgaard, 2001; Olsen, Jensen, Noerholm, Martiny, & Bech, 2003)	B11	B11	B11	b111 to b1112	fu1b111 to fu1b1112
International physical activity questionnaire short version (IPAQ;shortened for “sitting”), e.g., https://sites.google.com/site/theipaq/ (e.g., Craig et al., 2003)	B12 to B17	-	-	b12 to b17	-
Posttraumatic diagnostic scale adapted and shortened (Foa, 1995; Foa, Cashman, Jaycox, & Perry, 1997). French version: own translation, German version by Ehlers (Ehlers, Steil, Winter, & Foa, 1996).	-	B12 to B15	B18 to B21	-	fu1b181 to fu1b217
C) Social Context					
	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		

Description	Questionnaires			Data SPSS	
	Baseline	Follow-up		Baseline	Follow-up
	Hard copy & online	Hard copy	Online		
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Parental Situation (biological parents; adoption, etc): Adapted Version from AUDADIS IV (Grant et al., 2003)	C1, C2	-	-	c1 to c2age	-
Education of parents – question adopted from ESPAD	C3	-	-	c31, c32	-
Financial Situation of parents – question from ESPAD (being well off compared to others)	C4	-	-	c4	-
Relationships with parents before age of 18 – questions from ESPAD	C5	-	-	c51 to c53	-
Parental rule setting at age 15 – questions from ESPAD	C6	-	-	c61 to c68	-
Parental attitudes and values (see also Wood, Read, Mitchell, & Brand, 2004, for other parental items above)	C7, C8	-	-	c71 to c86	-
Family history of psychiatric, alcohol or drug problems – WHO Assist project: http://www.who.int/substance_abuse/activities/assist_technicalreport_phase2_final.pdf page: 98, probably influenced by family history from ASI (McLellan et al., 1985).	C9	-	-	c91_1 to c928_4	-
Peer history of psychiatric, alcohol or drug problems – adopted following C9 for peers.	C10	C4	C10	c101 to c103	fu1c101 to fu1c103
Neighborhood social cohesion (Stafford et al., 2004; Stafford et al., 2003)	-	C1	C11	-	fu1c111 to fu1c1116
Perceived social support, Friends and significant other (Canty-Mitchell & Zimet, 2000)	-	C2	C12	-	fu1c121 to fu1c128
Prosocialness (Caprara, Steca, Zelli, & Capanna, 2005), Only the most relevant items after psychometric testing were used	-	C3	C13	-	fu1c131 to fu1c137
D) Alcohol	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Normative drinking – standard descriptive norms as described by Miller and Prentice (1996)	D1	D1	D1	d1	fu1d1
Age of onset drinking – standard question e.g. ESPAD	D2	-	-	d2	-
Friends alcohol use (Loeber, Farrington, Stouthamer-Loeber, & van Kammen, 1998)	-	D2	D22		fu1d22
Age of onset drunkenness - standard question e.g. ESPAD	D3	-	-	d3	-
Filter for lifetime abstainers	D4	-	-	d4	-
Effects first time drinking - Self-rating of the effects of alcohol (SRE; Schuckit et al., 2007)	D5	-	-	d51 to d54	-
Filter for former drinkers	D6	D3	D6	d6	fu1d6
Alcohol: usual frequency	D7	D4	D7	d7	fu1d7
Alcohol: usual quantity	D8	D5	D8	d8	fu1d8
Alcohol: binge drinking; Alcohol Used Disorder Identification Test , question 3 (AUDIT; Saunders, Aasland, Babor, De La Fuente, & Grant, 1993)	D9	D6	D9	d9	fu1d9
Alcohol: maximum quantity – standard question in many alcohol surveys worldwide	D10	D7	D10	d10	fu1d10
Alcohol: frequency 12 months weekends (extended quantity-frequency)	D11	D8	D11	d11	fu1d11
Alcohol: quantity 12 months weekends (extended quantity-frequency)	D12	D9	D12	d12	fu1d12
Alcohol: frequency 12 months weekdays (extended quantity frequency)	D13	D10	D13	d13	fu1d13
Alcohol: quantity 12 months weekdays weekends (extended quantity frequency)	D14	D11	D14	d14	fu1d14
Frequency of drinking in different locations (New Zealand National Alcohol Tracking Survey 2000: http://www.aphru.ac.nz/projects/alcohol%202000%20appendices.htm)	D15	D12	D15	d151 to d1511	fu1d151 to fu1d1511
D) Alcohol (continued)	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Quantity in different locations (New Zealand National Alcohol Tracking Survey 2000: http://www.aphru.ac.nz/projects/alcohol%202000%20appendices.htm)	D16	D13	D16	d161 to d1611	fu1d161 to fu1d1611

Description	Questionnaires			Data SPSS	
	Baseline	Follow-up		Baseline	Follow-up
	Hard copy & online	Hard copy	Online		
<i>Mandatory questions (online) are bold.</i>					
Retrospective drinking diary – standard 7 day drinking diary.	D17	D14	D17	d17a1 to d17h7	fu1d17a1 to fu1d17h7
Simulated alcohol purchase task (Murphy & MacKillop, 2006)	-	D15	D23		fu1d231 to fu1d2311
Alcohol use consequences - Harvard School of Public Health College Alcohol Study (CAS; Knight et al., 2002; Wechsler et al., 1994)	D18	D16	D18	d181 to d189	fu1d181 to fu1d189
Alcohol Dependence/ Abuse criteria- Harvard School of Public Health College Alcohol Study (CAS; Knight et al., 2002; Wechsler et al., 1994) DSM IV and DSM-V (craving) criteria as in Audadis, SSAGA, M.I.N.I or CIDI	D19	D17	D19	d191 to d1912	fu1d191 to fu1d1912
Drinking motives Questionnaire Revised Short Form (DMQ-R SF; Kuntsche & Kuntsche, 2009)	D20	D18	D20	d201 to d2012	fu1d201 to fu1d214
Simultaneous use of Alcohol and other drugs – own development	D21	D19	D21	d211 to d214	fu1d211 to fu1d214
E) Tobacco	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Normative tobacco use – standard descriptive norms as described by Miller and Prentice (1996)	E1	E1	E1	e1	fu1e1
Ever use of different tobacco products – filter question	E2	-	-	e2_1 to e2_9	-
Friends tobacco use (Loeber et al., 1998)	-	E2	E46		fu1e46
Effects during first use experience questions as used by e.g., DiFranza et al. (2004).	E3	-	-	e3n to e310	-
Onset of cigarette use - standard question e.g. ESPAD	E4	-	-	e4	-
Onset of daily cigarette use - standard question e.g. ESPAD	E5	-	-	e5	-
Past 12 months use of cigarettes	E6	E3	E6	e6	fu1e6
Frequency of cigarette use	E7	E4	E7	e7	fu1e7
Quantity of cigarettes use	E8	E5	E8	e8	fu1e8
Attempts to stop smoking, questions from Tobacco monitoring Switzerland	-	E6 to E8	E47 to E49		fu1e47 to fu1e49
E-cigarette use, own development	-	E9 to E11	E50 to E52		fu1e50 to fu1e52
e4 to e8 is repeated for smoking products and for smokeless tobacco-products					
Water pipes	E11, E12, E13	-	-	e9 to e13	-
Snus	E14, E15, E16, E17,	-	-	e14 to e18	-
Snuff	E19, E20, E21, E23	-	-	e19 to e23	-
Chewing tobacco	E24, E25, E26, E27, E28	-	-	e24 to e28	-
Cigars/cigarillos	E29, E30, E31, E32, E33	-	-	e29 to e33a	-
Pipes	E34, E35, E36, E37, E38	-	-	e34a to e38a	-
E) Tobacco (continued)	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Frequency of use of other smoking products and smokeless tobacco products	-	E12	E53		fu1e531 to fu1e536
Filter for tobacco use in the past 12 months	E39	E13	E39	e39a	fu1e39
Fagerström Test for Nicotine Dependence (FTND; Heatherton, Kozlowski, Frecker, & Fagerstrom, 1991)	E40 to E44	E14 to E18	E40 to E44	e40 to e44	fu1e40 to fu1e44
Simultaneous use – own development	E45	E19	E45	e451 to e454	fu1e451 to fu1e454
F) Cannabis	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		

Description	Questionnaires			Data SPSS	
	Baseline	Follow-up		Baseline	Follow-up
	Hard copy & online	Hard copy	Online		
<i>Mandatory questions (online) are bold.</i>					
Normative cannabis use – standard descriptive norms as described by Miller and Prentice (1996)	F1	F1	F1	f1	fu1f1
Ever use	F2	-	-	f2	-
Effects of first use - original from Fergusson, Horwood, Lynskey and Madden (2003), French version in the SAGE study (Susceptibilité à l'alcool : génétique et environnement; Le Strat et al., 2009)	F3	-	-	f31 to f38	-
Age of onset of use	F4	-	-	f4	-
Age of onset of stoned	F5	-	-	f5	-
Friends cannabis use (Loeber et al., 1998)		F2	F17		fu1f17
Cannabis Use Disorder Identification Test (CUDIT; Adamson & Sellman, 2003)	F6	F3	F6	f6	fu1f6
Last two questions revised version of CUDIT (Anaheim, Scotto, & Gmel, 2010)	to F12	to F9	to F12	to f12	to fu1f12
Revised version of CUDIT (Anaheim et al., 2010)	F9	F6	F9	f97, f98	fu1f97, fu1f98
e-toke, San Diego University, used in the ATOMIC Study in Switzerland, here shortened version	F10	F7	F10	f10	fu1f10
Frequency of driving under the influence of cannabis in the past 4 hours - effect duration approximately from Harder and Rietbrock (1997)	F13	F10	F13	f131 to f137	fu1f131 to fu1f137
Route of administration cannabis, self developed	F14	F11	F14	f14	fu1f14
Simultaneous use – own development	F15			f151 to f156	
	F16	F12	F16	f161 to f164	fu1f161 to fu1f164
G) Other illicit drugs	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Normative use - standard descriptive norms as described by Miller and Prentice (1996)	G1	G1	G1	g1	fu1g1
Prevalence lifetime use Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)	G2	-	-	g21 to g215	-
Friends illicit drugs use (Loeber et al., 1998)	-	G2	G5		fu1g5
12 Months prevalence Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)	G3	G3	G3	g31 to g315	fu1g31 to fu1g315
30 days prevalence Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)	G4	-	-	g41 to g415	-
H) Prescribed drugs	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Drugs used, 12 months prevalence and frequencies	H1	H1	H1	h11 to h16	fu1h11 to fu1h16
prevalence and frequency of smart drug use; intended effects	H2	-	-	h21 to h25	-
Types of smart drugs used (pharmaceutical names)	H3	-	-	h3_1 to h3_8	-
Anabolic steroid prevalence	H4	H2	H4	h4	fu1h4
I) Substance combination	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Usual combined substances at weekends: 12 months prevalence	I1	I1	I1	i1_1 to i1_25	fu1i1_1 to fu1i1_25
Maximum combined substances in last 12 months	I2	I2	I2	i2_1 to i2_25	fu1i2_1 to fu1i2_25
J) Personality and leisure time activities	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Attention deficit syndrome Adult ADHD Self-Report Scale, 6 items screener version (ASRS-v1.1; Kessler et al., 2005)	J1	-	-	j11 to j16	-
Brief sensation seeking scale (BSSS; Hoyle, Stephenson, Palmgreen, Lorch, & Donohew, 2002)	J2	-	-	j21 to j28	-
Zuckerman-Kuhlmann Personality scale, 3 Subscales: a) Agression/Hostility; b) Sociability; c) Neuroticism/Anxiety (ZKPQ-50-cc; Aluja et al., 2006)	J3	-	-	j31 to j330	-

Description	Questionnaires			Data SPSS	
	Baseline	Follow-up		Baseline	Follow-up
	Hard copy & online	Hard copy	Online		
<i>Mandatory questions (online) are bold.</i>					
Behavioral inhibition, behavioral activation, the BIS/BAS scale (Carver & White, 1994). French version adapted from Caci et al. (Caci, Deschaux, & Baylé, 2007). German version adapted from Strobel et al. (Strobel, Beauducel, Debenet, & Brocke, 2001)	-	J1	J12		fu1j121 to fu1j1220
Inventory of the dimensions of emerging adulthood (IDEA) http://courses.ttu.edu/hdfs3317-reifman/IDEA.htm (Reifman, Arnett, & Colwell, 2007)	-	J2	J13		fu1j131 to fu1j1331
Intelligence, Trapnell's smart scale (Trapnell, 1994)	-	J3	J14		fu1j141 to fu1j144
Leisure time activity from ESPAD	J4	J4	J4	j41 to j49	fu1j41 to fu1j49
Peer Pressure Inventory (PPI; Brown, Clasen, & Eicher, 1986), shortened, Only scales for C = peer conformity; P = peer involvement; M = misconduct ; and only the six items with highest loadings	J5	J5	J5	j51 to j517	fu1j51 to fu1j517
7 items Game Addiction Scale (Lemmens, Valkenburg, & Peter, 2009), adapted to cover gaming and internet use simultaneously	J6	J6	J6	j61 to j67	fu1j61 to fu1j67
Gambling behaviors: 12 months prevalence from largest scale survey in Switzerland, the Swiss Health Survey	J7	J7	J7	j71 to j77	fu1j71 to fu1j77
Self-reported problem gambling, self-developed item	J8	J8	J8	j8	fu1j8
Money spent monthly on gambling, from largest scale survey in Switzerland, the Swiss Health Survey	J9	J9	J9	j9	fu1j9
Anti-social Personality Disorder ASPD from (Lecrubier et al., 1998), also used with ASSIST-WHO	J10, J11	-	-	j101 to j116	-
DSM-IV Pathological Gambling Diagnostic Form, Adapted from the American Psychiatric Association Diagnostic Criteria from the DSM IV 1994 http://www.oasas.ny.gov/gambling/documents/822dsmivforweb.pdf	-	J10	J15		fu1j151 to fu1j1510
Brief COPE (Carver, 1997), French version (Muller & Spitz, 2003). Shortened, only Active coping, self distraction, planning, use of instrumental support, use of emotional support, denial, behavioral disengagement and self-blame subscales were included	-	J11	J16		fu1j161 to fu1j1616
K) Sexuality	Baseline	Follow-up		Baseline	Follow-up
	Hard c. & online	Hard copy	Online		
Sexual preferences	K1	K1	K1	k1	fu1k1
Prevalence of completed sexual intercourse	K2	K2	K2	k2	fu1k2
Age of first sexual intercourse	K3	K3	K3	k3	fu1k3
Number of sexual partners in the past 12 months	K4	K4	K4	k4	fu1k4
Erectile Dysfunction, from International Index of erectile function (IIEF-5; Rosen, Cappelleri, Smith, Lipsky, & Pena, 1999)	K5 to K9	K5 to K9	K5 to K9	k5 to k9	fu1k5 to fu1k9
Premature ejaculation: 6 months prevalence, two items from Premature Ejaculation Prevalence and Attitude survey (PEPA; Porst et al., 2007)	K10, K11	K10, K11	K10, K11	k10, k11	fu1k10, fu1k11

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